



# Zonta Club of Quaboag Valley

## Member of Zonta International

*Advancing the Status of Women Worldwide*

ZONTA BOG NEWSLETTER      SEPTEMBER 2009

### 2009 CALENDAR

#### September 14 Dinner Meeting

**October 4 1pm Brimfield Common**  
2nd Annual Stepping Out Against DV  
Tri-Town, Warren, Ware, and Palmer

#### October 19 Dinner Meeting

**October 23-25 District Fall Conference**  
Jiminy Peak Resort, Hancock, MA



November 8<sup>th</sup> 2009 marks the 90th anniversary of Zonta International.

#### November 9 Dinner Meeting and Founders Day Award celebration

#### November 25 International Day for Elimination of Violence Against Women

Guests Welcome! We meet at **Johnsens Catering** on Main Street in Palmer. See our **Website [zontaqv.org](http://zontaqv.org)** for directions and info about Zonta's good work..  
**Dinner \$18.00. \***

**Notify Mary Knight** at 586 4900 x106 or [mknight@collaborative.org](mailto:mknight@collaborative.org) of the number of new and/or returning guests, no later than May 7th. Member reservations for the dinner meeting are assumed and payment expected unless we are notified 7 days in advance of the meeting.

### President's Message

Dear Sister Zontians,

Hard to believe that September is here already!!

Many thanks to members who met this summer to help shape a proposed strategic direction for 2009-2010. Please see Page 4 of this newsletter for an overview. We begin the new year with a couple of new features: Member spotlight—intended to get to know each other better; and ZI Tips—snippets of importance to each of our members on Zonta-related topics.

Our thoughts and prayers are with **Kris Gould** who is recovering from surgery and will miss the next couple of meetings. Congratulations to **Wendy Sergeeant, NP**, who is opening a new office in North Brookfield: Bright Star Health. We look forward to hearing more about the business and how we can help.

Sincere thanks to **Marge Cavanaugh and Ann Cormier**, who have stepped up to join the Board as at-large members. We have a really good mix of 'seasoned' and newer members to lead our club!

We look forward to a great turnout of members for the **District Fall Conference in October at the Jiminy Peak Resort**. The agenda is filled with good stuff! Our club will be in charge of the store and BJ and I were asked to lead a workshop sharing information about our « Through the Eyes of a Child » event last year. We'll have registration forms available at the September meeting in case you need one.

We need to vote on a nomination committee at the September meeting. Please let me know if you are interested in serving in this capacity. We will also review and vote on our annual budget for the new year.

We have a full agenda for September. I look forward to seeing you. Be sure to let me know how many guests we can expect. I need to have the count by September 9th.

Best, Mary Knight

P.S.: It is not too soon to start planning and saving for the Zonta International Convention in Texas next July!

# Call to District I Fall Conference Oct 23-25



**Zonta International District 1 Fall Conference; "Zonta Harvest Time", to be held October 23-25, 2009 at Jiminy Peak Mountain Resort in Hancock, MA.**

One of the purposes of the district conference is to inform, instruct and educate district Zontians about Zonta International, with an emphasis on its role as an international organization. We will receive a message from Zonta International President Beryl Sten as carried by the International Representative from the ZI Board, **Maria Victoria (Virma) P. Vergel de Dios** from the Philippines. **Don and Sally Goodrich** will speak of the work of the foundation that they have created in memory of their son (who was killed in the attacks on the World Trade Center in NYC on Sept. 11,2001) which includes a school in Afghanistan.

Two service and advocacy projects being done in District 1 will be spotlighted and we will hear from International businesswoman **Jane Iredale**, our luncheon speaker. While only weeks away from Zonta's 90th birthday on November 8th, we will honor clubs having milestone anniversaries during the biennium.

I hope that our time spent together over these few days leads us to a real "Zonta Harvest" of information and fellowship. We have worked hard this biennium in our District to stay strong and united. Please plan on joining us at Fall Conference 2009; it is for all Zontians of every club.

Yours in Zonta Service and Friendship, Nadine Salley District 1 Governor

**Zonta Bog**  
**Newsletter feedback**  
**and content**  
**suggestions are**  
**encouraged.**  
**Please send to**  
**MFKnight@Crocker.**  
**com**

<b>Club Officers 2009—2010</b>	
<b>Zonta Club of Quaboag Valley</b>	
<b>District I, Area II,</b>	
<b>Charter 1317 of Zonta International</b>	
President	Mary Knight
Vice President	Janet DaSilva
Treasurer	Julie Bowder
Secretary	Carol Bardon
Directors	Marge Cavanaugh
	Ann Cormier
	Joanne Turner-Chiacchia

## Standing Committee Chairs

- Finance.....Julie Bowder
- Membership.....Janet DaSilva
- PR/Marketing.....Mary Knight
- UN/International.....Liz Reeves
- Status of Women.....
- Scholarships.....Carol Bardon
  
- ZISVAW..... Mary Knight
- Bylaws.....BJ Bourdon
- Environmental.....Joanne Turner-Chiacchia
- Poinsettia Fundraiser. ...Ann Cormier
- Golf Fundraiser.....Debbie Wood
- Archives.....Marge Cavanaugh
  
- Nominating.....

**Success usually comes to those who are too busy to be looking for it.—Henry David Thoreau**

## June 8, 2009 Business Meeting Minutes

### Johnsen's Catering Palmer, Massachusetts

**Members:** Carol Bardon, Julie Bowder, BJ Bourdon, Marge Cavanaugh, Catherine Chamberlin, Ann Cormier, Kris Goold, Dot LaFratta, Dianne Kid, Mary Knight, Liz Reeves, Mary Ann Rubis, Wendy Sergeant, Joanne Turner-Chiacchia, and Deb Wood.

**Absent:** Janet DaSilva, Chris Gerl, Dot LaFratta,  
**Guests:** Lisa Sedelow

Mary Knight called the business meeting to order at 6:00pm.

Chris Gerl and Dot LaFratta have decided to leave the Quaboag chapter and join the Springfield chapter of Zonta.

**Minutes:** Voted to approve with corrections.

**Treasurer's Report:** Julie presented information for CD. Looking for short term, best short-term rate, the renewal is on August 9<sup>th</sup>. Treasures report was explained and filed for audit.

Membership roster was circulated to double check information.

Review of year with round table review of previous newsletters for annual report to district.

Motion made and seconded to donate \$100 each to Links to Library, Dress for Success, and Monica Moran.

Westfield funds are in the checking account, \$6,000. These funds need to be kept separated. There needs to be proposals to the board for use in the Westfield area. The funds will be put in a separate account.

Liz presented the International Question: What does ZIS-VAW stand for? What are the 3 countries? No correct answers. She suggested the book "Three cups of tea" by Greg Morton as a good book to read.

### Committee Reports:

**Golf Fundraiser:** Deb Woods – sent around a sign-up sheet for duties. Quaboag will be open for just us. Mulligans will be 2 for \$5.00. Deb still has signs from sponsors from last year. Needs to get together with pro to get final details set-up. There is a \$9.00 charge for non-golfers for lunch. Lunch will be an inside buffet. Goodie bags will be made up shortly; there is lots of good stuff. Marge – if anyone has prizes, they can be brought to the golf tournament.

**Relay for Life:** Dianne discussed the Relay for Life in Belchertown on June 26<sup>th</sup>. Last year we had many luminaries. We are still looking for more fund raising for the event.

**Service:** Environment: Joanne discussed a project in Bondsville, Rt. 181. Need to clean up, place a Zonta marker, plantings and a possible mural. A motion was made and accepted to allocate \$200. for supplies. What is not used would go back into the account. There was a suggestion to contact local schools to have students do the artwork for the mural.

**Member survey** needs to be completed and will be held in confidence.

Mary Ann suggests a project: Early American Folk dolls, small dolls or teddy bears. These are easy to sew and to be given to children in shelters and to help with discussions; could involve school groups and possibly give materials to school groups.

Mary suggested having a get together to do planning, possibly a picnic in the summer so we can be ready for September.

Zontian of the Year: **Kris Goold**.

BJ thanked the group for the Zonta rosebush.

We have been asked to run the Zonta store at the District Conference in the fall.

Raffle: 50/50 – winner BJ.

Meeting Adjourned at 8:10pm.

Respectfully submitted,

**Carol Bardon**, Secretary

**ZQV STRATEGIC PLAN IDEAS 2010**

**Back to basics – learning year** – become more knowledgeable about each other and about Zonta’s mission and resources

Learn more about each other’s talents and interests – feature at least one member in each BOG

**NEED** each member to complete survey

Spend 5 min at each of our 10 meetings **and/or in a short article for newsletter** learning a key fact

**NEED** volunteers to cover one or part of each topic:

Basics	Volunteers? Sept - Janet	ZI Tips – Top 10 things we should know about: UN /International Projects
Basics	Volunteers? Sept - Ann	ZI Tips – Top 10 things we should know about: Status of Women /ZISVAW
Basics	Volunteers? Sept - MaryAnn	ZI Tips – Top 10 things we should know about: ZQV and our Bylaws
Basics	Volunteers? Sept – BJ (rose)	ZI Tips – Top 10 things we could do to get greater Visibility for the Work of ZONTA
Basics	Volunteers? Sept – Mary	ZI Tips – Top 10 resources available to ZQV members and how to find them

**Focus on our purpose** – improving the status of women locally and internationally

Screen hands-on projects and funding requests to be sure they are related to our purpose

Connect with local organizations who are **involved in preventing DV and/or supporting victims of DV in Quaboag** area for speakers, projects, funding opportunities. **NEED** volunteers to contact these or other organizations:

Focus	Mary	YWCA
Focus	Liz	Wing Memorial Hospital
Focus	?	Mary Lane Hospital
Focus	?	STOP DV Task Force – Palmer District court representative
Focus	?	Local church groups – Rev. Todd Farnsworth, United Church of Christ 323 7442
Focus	?	Current contacts with local DV taskforces
Focus	?	Other:

Devote at least one meeting to in-depth coverage of international service project(s) – BJ ? and encourage members to make individual gifts to ZIF

**Member Spotlight: Mary Knight, current president of ZQV**

I was born on November 12 – in Springfield... grew up in East Longmeadow. I have two sisters whom I adore – both our parents have passed – Mom at 41, Dad at 87. I’ve been married for 39 years (no kidding!) to Bob Knight (retired now as former Police Chief in Belchertown). We have one son Anthony, a lovely daughter-in-law Shelley and three amazing granddaughters – Ella 5, Layne 3, and Finley 1 year of age... they are the highlights of my life.



I lead a rather crazy life. I work full time as an HR Director at an educational collaborative with 500 FTE staff, located throughout the state. I have a consulting business I started in 2000 when I retired from MassMutual Financial Group – creating marketing materials and websites for small businesses and nonprofits –<http://webpages.charter.net/knightconsulting>. I serve on boards of two local non profits supporting individuals with developmental disabilities – The Association for Community Living and Valley Educational Associates. I have been a member of the Zonta Club of Quaboag Valley since 2000 and I also participate in a fun group called the Saturday Ladies Investment Club – where I’ve learned a lot about the workings of the stock market in the company of another wonderful group of women.

As for hobbies – I love to read and play golf. I do both a LOT when I join my husband on vacation for a month in Florida each year.

Important lesson I’ve learned the hard way – it’s ok to feel sorry for yourself for about 3 minutes. Then you need to ask: so what are you going to do about it? If the answer is nothing, get over it and move on.

What knowledge /skill/talent can I mentor others in? Creating marketing, communication materials and website content; HR responsibilities of all types; event and presentation planning; and writing procedures.

What knowledge/skill you would you like to develop with the help of a mentor? I need a coach to help me get in shape!

As to Personal or Professional Goals I am working on...I’d say it’s keeping organized to stay on top of my varied responsibilities and passions. Most specifically I am trying to simplify—narrow the focus to what is REALLY important. I am so grateful to have joined the Zonta organization—thanks to Marge! I’ve met some incredible women and learned so much. Looking forward to a new year of continued friendship!

**WANTED: DELEGATE FOR DISTRICT I FALL CONFERENCE**

Among the voting responsibilities:

**Board nominees:** Governor: **Mary Ann Rubis**, Lt. Governor **Denise Deshane**, Treasurer: **Shirley Perry**

**Area II Director: TBD** *If any of our current members are interested, please let Mary Knight know immediately.*

**Proposed Dues Increase for the 2010-2012 Biennium of \$2** per person per year—from\$13 to \$15 per member per year. Travel costs mainly have increased and membership numbers have decreased. The proposed increase is considered necessary at this time and it is in line with what surrounding Districts have experienced. .

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Other votes to be announced shortly



Zonta Club of Quaboag Valley

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<http://www.zontaqv.org>

## Resources and how to find them



**#1** Finding the information you need, WHEN you need it is something of a challenge these days. The **ZontaQV.org** website has been updated to easily access resources. Click on **Membership**, then select **Member Resources**. While we will continue to add to this list, we have started with links to the following:

**2008-2010 Project Descriptions**

**International Service Projects**

**ZIP Contribution form**

**District I Goals**

**Club Manual**

**ZQV Bylaws.** Ideas welcome! [info@zontaqv.org](mailto:info@zontaqv.org)

**Other top 10 lists will be presented at dinner meetings and future newsletters. At the end of the year, we will compile all the lists.**