Zonta Club of Quaboag Valley
Member of Zonta International
Advancing the Status of Women Worldwide

DISTRICT 1 AREA 2 JUNE 2007

CALENDAR

June 11 Dinner Meeting 5:30 p.m.* Zinfandel's Restaurant. Last meeting of the 06-07 year. Guests welcome!

June 16 Golf Tournament Fundraiser

June 22-23 Relay for Life Fundraiser

*** Dinner $15, dues $3.** Please notify Chris Gerl at 413/568-3593 or cgerl@comcast.net of the number of new and/or returning guests. Member reservations for the dinner meeting are assumed and payment expected unless Chris is notified the Wednesday before the meeting.

Zinfandel's Restaurant, 1432A Main Street, Palmer, MA [413/283-2707] - Downtown Palmer on Route 20, at the lights, diagonally across from CVS. Parking is available on Main Street and lot at the corner of Bridge and Main Streets.

President's Message

Dear Sister Zontians,

I look forward to our June meeting when a new member is to be installed. Congratulations **Carol Bardon**, you will be a welcome breath of fresh air with your energy and great ideas to share with our club. I look forward to working with you.

Joining us also will be **Gianna Masi**, the winner of our Young Women in Public Affairs (YWPA) award for 2007.

We need your help. Before 6 pm on Sunday June 10, please go to www.zontaqv.org/MemberSurvey.htm and click on the link to answer a few questions intended to improve the quality of the club. Reflect on our progress and how it may be improved. Your input is valued information that will help us move forward in a positive direction. We will report on the results at our June 11th meeting.

We will be holding our golf tournament fundraiser on June 16th at the Mill Valley Golf Links in Belchertown and taking part in the Relay for Life fundraiser the following week at the Belchertown High School track. Thanks to all for your hard work in soliciting money, gifts and participants for these important causes.

Yours in Zonta's mission
Christine Gerl

PS It's NOT too early to register for the **10/19-21 District I Fall Conference at the Sheraton South Portland, So. Portland, ME** The theme for the conference is: A BEACON OF LIGHT Zonta's Service and Advocacy. I have the hotel info. You will receive the call to conference this summer.

The Voice of One - The Power of Many

CARE International (www.care.org) is inviting Zontians to bring the message of women's empowerment to Washington, D.C. CARE is convening a National Conference on June 13 and 14, 2007 under the banner of "She has the power to change her world. You have the power to help her do it." Zontians are invited to join other passionate advocates from across the country, to travel to D.C. to raise awareness about the conditions of women in developing countries.

This conference is tackling issues very important to us, like- Gender-based violence, Women's Empowerment, and the intensifying crisis in Darfur, where women are suffering disproportionately. Together Zonta International and CARE have already helped thousands of women in West Africa through the "Women on the Move" project, and in Bolivia, the partnership is helping girls gain an education. This conference is a local, hands-on way to continue to make a difference in the lives of women around the world. We are excited to bring Zonta International's energy and experience to bear on issues that are preventing women in the developing world from reaching their full potential.

To learn more or register for the conference, visit: www.care.org/zonta

13th Annual Golf Tournament Fundraiser

Sell those tickets!
Get more prizes!
Sign up to golf!

A reminder from the Golf Committee to get all sponsor forms and information to Debbie as soon as possible to be able to acknowledge with signs the day of the tournament and printed on the flyers we distribute. The same for prizes. Please provide a list of those you have collected with addresses and contact persons so we can be sure to thank them for their donation.

We really need players!! We have some great prizes for everyone so please talk it up. It does not matter the skill level as we will be awarding prizes for all but the first 3 teams randomly. If they have questions, please refer them to Marge who is also collecting the registration forms.
Please bring your raffle tickets and $ to the next meeting. I will have more tickets available.

Gratefully,
Debbie Wood,
Co Chair Golf Tournament Committee

Club Officers 2008

At the May meeting we voted on our slate of officers for 2007-2008. There was unanimous approval for the following to serve their 2nd year of this biennium:

President	Christine Gerl
Vice President	Mary Knight
Treasurer	Debra Allen
Secretary	Elizabeth Reeves
Directors	Julie Bowder
	Dr. Mary Ann Rubis

Committees/ Current Chairs

Archives ..... Marjorie Cavanaugh
Environment..... Elizabeth Reeves
Golf Tournament .. Marjorie and Deb W.
Membership..... Mary Knight
Poinsettia Sales ..... Elizabeth Reeves
Program..... Janet DaSilva
Public Relations..... Debra Wood
Scholarship..... Kristen Goold
Service ..... Joanne Turner-Chiacchia
United Nations ..... Betty Jane Bourdon
ZISVAW..... Dorothy LaFratta, Mary Knight

Zonta Bog Newsletter feedback and content suggestions are encouraged. Please send to MFKnight@Crocker.com

New Member to be Installed

Carol A. Bardon, M.Ed., C.F.C.S.

Carol Bardon first heard about Zonta from our sign at the Ludlow Bridge. She checked out our website, conferred with professional colleagues about our organization and joined us as a guest at our January dinner meeting.
A professional educator, Carol currently teaches Family and Consumer Sciences at Ludlow High School, working with students in grades 9-12. She earned her undergraduate and masters degrees from the University of Massachusetts and is attending graduate school through Iowa State University. She has been involved with numerous organizations in a volunteer role, including the past president of the Massachusetts Association of Family and Consumer Sciences. Most recently, she is on the board for the Ludlow Boys & Girls Club / Ludlow Community Center and works with the American Red Cross. Carol will be installed at our June 2007 meeting.

May Business Meeting Minutes

Zinfandel's Restaurant
Palmer, Massachusetts
May 14, 2007

Members Present::
Mary Ann Rubis, Julie Bowder, Kathy Hood, Mary Knight, Deb Allen, Ann Cormier, Liz Reeves, Dot La Fratta, Kris Goold, Debbie Wood, Chris Gerl, Janet DeSilva, BJ Bourdon, Diane Kidd, Marge Cavanaugh, Jeanne Dill, Joanne Turner-Chiacchia
Absent: Judy Van de Geer

Guests Louise Larocque, Carol Bardon.

Dinner started at 6:00, after introductions, followed by the Business meeting.

Minutes: A motion was made and voted to accept the minutes as written.
Treasurers Report:: Deb went over her report and a motion was made and voted to file for audit.

COMMITTEE REPORTS
Environmental :The planters in Ludlow are scheduled to be planted on May 16. Judy has not heard anything from anyone from Peaked Mountain Reservation.
Golf :Debbie brought the membership up to date on the progress of the tournament. Diane has offered 4 front row club house tickets to the Saratoga Race Track to raffle off. On the day of the event. Keep selling raffle tickets and soliciting sponsors. A signup sheet for duties the day of the tournament was passed around. If you don't play golf, the luncheon will cost $15. Debbie displayed a sample sponsor sign and they re beautiful !!
Zisvaw :Dot shared a poem written by a 15 year old girl that has been affected by domestic violence. She is very interested on having an Oct. 2008 Conference educating the community on the effects of domestic violence on children and teens. Mary mentioned the letter writing campaign asking feminine product manufacturers to put the abuse hotline number on their boxes. Each member was given the letters and asked to mail them to the seven manufacturers on the list.
Membership:Mary shared some tips on recruiting and retaining new members that she learned at the recent conference. She provided hand outs. It was also mentioned that each committee and member is to keep track of time and dollar amount spent on training committee duties etc.
PR: Debbie put a picture from the conference in the May newsletter. She has asked members to be on the look out for Zonta pictures in the Palmer Journal.
Service: Joanne filled us in on Relay for Life details. Time: 6:00 pm Friday - 12:00 pm Saturday.
Scholarship: Kris has been in touch with the YWPA (Gianna Masi) and she will be at our June meeting. There were no qualified applicants for the Jane Klauseman Award.
UN: BJ spoke to Jackie and she said that the UN is winding down so it would be better to have a tour in the Fall/Winter. Possibly International Women's Day ?
Program: Ellen Story was unable to make it for her program tonight so Julie Bowder will inform the membership about identity theft. Judy did get some thank you gifts for the club to give our speakers.
Nominating: We will install our slate of officers this eve. Jeanne encouraged any new members to step forward and volunteer to be a board member or committee member.

News from District Retreat: The Hartford Club has disbanded due to aging members. The next two International Conventions will be 2008 Rotterdam and 2010 San Antonio, Tx. Our wonderful club had a great showing of members at the retreat !!The workshops were great. An advocacy workshop with Brenda Lopez was very informative and our Deb Allen did a workshop.

Nomination for District positions are due by the end of May. BJ nominated Chris for Area Director and Mary Ann for Lt. Gov.

The Springfield Club is interested in recipes for the cookbook they are compiling for a fundraiser.
Tonight's Program: Julie Bowder presented an interesting program on identity theft. Thanks Julie !

Meeting Adjourned 7:30

Respectfully Submitted,
Liz Reeves

What ONE thing did Zonta membership bring you this year that made this association of business women especially worthwhile?

Congratulations to Gianna Masi!

My name is Gianna Masi; I'm an 18 year old from Wilbraham, MA, where I have lived my whole life with my mother, father, and younger brother. I attended Minnechaug Regional High School, and after graduation this June I will be attending Iona College in New Rochelle, NY to study Communications. I was very active in my school newspaper throughout high school acting as the Features Editor. I love to write, and plan to use this passion in my future career. Working with the newspaper I was able to attend the Columbia University Journalism Workshop for a week in New York City, living in the Columbia dorms. Both experiences inspired me to pursue communications.

I've always wanted to work in the Communications and Public Relations field; but when I volunteered at Camp Sunshine in Casco, Maine for an Oncology camp session this past February, it has re-routed my career goals. I realized through this experience I want to be representing, and raising money for organizations like Camp Sunshine, Easter Seals, and campaigns that raise money for the greater good of others. Not just for companies and businesses as I once thought I would like to do. I learned that I have to be helping and making an impact on another's life for me to be happy. To say I was happy working at Camp Sunshine is an understatement. Although it may seem ironic, I have never felt so at peace with myself then there, at an Oncology session working with young children. An experience that people said was "sad" I found to be the most uplifting experience I have ever had. I know I have benefited the families I spent time with; from a smile, to a snowball fight with the kids is what can make the difference in them being happy.

A very big, and important aspect of my life has been gymnastics. I was a competitive gymnast all my life, and I've been coaching for the past three years. I love coaching the young girls and getting them excited about learning something new, and feeling good about themselves. I never want to hear that a girl didn't have a fun class, because childhood should be about learning while having fun! Setting a good example for the young girls will help them become strong girls who are happy with themselves. I truly believe that just one person can make a difference in a person's life, so if I can be that one person who makes their day, then I know I've done a good job. My love for coaching will hopefully continue throughout my life, and next year I will be looking for a gym near my college to coach at.

Receiving this scholarship is such a blessing to me, and I am so thankful. This scholarship helps pay for my education at Iona College, so I can receive the best education in my field. Learning from this strong program that's offered at Iona will prepare me for my future work. I will be able to work and support organizations like the ones I've volunteered for such as Camp Sunshine, and Easter Seals.

Zontian of the Year for the Quaboag Valley Club

The annual awarding of Zontian of the Year for the Quaboag Valley Club was begun by Deb Wood in 2001 for outstanding service deserving of recognition by peers. Winners to date have been: Marge Cavanaugh (01), Joanne Turner-Chiacchia (02), Deb Wood (03), Mary Knight (04), Liz Reeves (05) and Mary Ann Rubis (06). Current members eligible for this award: **Debra Allen, BJ Bourdon, Julie Bowder, Marge Cavanaugh, Ann Cormier, Janet DaSilva, Jeanne Dill, Christine Gerl, Kris Goold, Kathy Hood, Mary Knight, Dot LaFratta, Mary Ann Rubis, Elizabeth Reeves, Joanne Turner-Chiacchia, Debra Wood.** Voting will be by secret ballot at the June meeting and our newest member, **Dianne Kidd** has volunteered to tally the results and make the award.

As you think about your nomination for the 2007 Zontian of the Year, you might consider such factors as regular attendance at meetings, participation in club events and fundraisers, committee work, leadership roles, longevity and other criteria important to the work of the club.

I nominate: _____

Because:

The ZONTA Club of Quaboag Valley

13th Annual Golf Tournament Fundraiser

Saturday, June 16, 2007

Mill Valley Golf Links, Belchertown, MA

ZONTA is an international service organization of business and professional women working to improve the legal, political, economic, health and educational status of women. The profits raised at this fundraiser are used for service projects.

7:00 a.m. **Registration, Coffee/Danish**
8:00 a.m. Shotgun Start - 18 Hole Scramble - Snacks at the Turn

l:30 p.m. Picnic Lunch – Burgers, Dogs, Salads
Raffles and Prizes Galore!

Cost: $65 per person ($40 for Mill Valley Members)
Includes Greens Fee, Cart, Food, Prizes and a Day of Fun for a worthy cause!

Space limited – sign up (with payment please) A.S.A.P.

Attached is a check payable to *ZONTA of Quaboag Valley* for the following players:

(Note: If you don't have a foursome, we will assign you to one.)

1) Contact Person/Phone Number: _____

2) _____

3) _____

4) _____

[ ] I'm interested in marketing my business at this fundraiser!

[ ] I have a gift to contribute for the prize table _____enclosed _____available for pick up.

RSVP by May 30: Marge Cavanaugh, 57 South Street, Three Rivers, MA 01080 / (413) 283-6448

Zonta Club of Quaboag Valley

PO Box 1034
Belchertown MA 01007

http://www.zontaqv.org

Maya Angelou (1928 -)

American writer, she survived sexual abuse, poverty and racial discrimination to become a singer, actress, activist, and writer.

Selected Maya Angelou Quotations

- How important it is for us to recognize and celebrate our heroes and she-roes!
- It is this belief in a power larger than myself and other than myself which allows me to venture into the unknown and even the unknowable.
- A bird doesn't sing because it has an answer, it sings because it has a song.
- One isn't necessarily born with courage, but one is born with potential. Without courage, we cannot practice any other virtue with consistency. We can't be kind, true, merciful, generous, or honest.
- I speak to the black experience, but I am always talking about the human condition -- about what we can endure, dream, fail at, and still survive.
- I have found that among its other benefits, giving liberates the soul of the giver.
- Living a life is like constructing a building: if you start wrong, you'll end wrong.
- History, despite its wrenching pain, cannot be unlived, but if faced with courage, need not be lived again.
- There is nothing so pitiful as a young cynic because he has gone from knowing nothing to believing nothing.
- The main thing in one's own private world is to try to laugh as much as you cry.
- Bitterness is like cancer. It eats upon the host. But anger is like fire. It burns all clean.
- Self-pity in its early stages is as snug as a feather mattress. Only when it hardens does it become uncomfortable.
- If you find it in your heart to care for somebody else, you will have succeeded.
- Life loves to be taken by the lapel and told: "I'm with you kid. Let's go."
- If you don't like something, change it. If you can't change it, change your attitude. Don't complain.
- You may encounter many defeats, but you must not be defeated. In fact, it may be necessary to encounter the defeats, so you can know who you are, what you can rise from, how you can still come out of it.
- Ask for what you want and be prepared to get it.