



Zonta Club of Quaboag Valley

Member of Zonta International

Advancing the Status of Women Worldwide

2008 CALENDAR

JANUARY 2008

1/11 Amelia Earhart Day
1/14/08 Dinner Meeting *
Amelia Earhart Program

2/11/08 Dinner Meeting
Stop the Violence

3/8 ZONTA Rose Day
3/10/08 Dinner Meeting
3/31 2008 Convention Registration deadline

4/14/08 Dinner Meeting

* The **January meeting** location is changed—Zinfadel's has closed:

Tony & Penny's Restaurant
18 Canterbury Street
Ludlow, MA 01056
www.tonyandpenny.com
413.583.6351

Dinner Menu:

Salad, Chicken Breast, Mixed Vegetable, Roasted Potatoes, coffee & tea, and dessert for \$14.95 each. If someone does not like the menu we are having they can order off the main menu.

Dues \$3. Guests Welcome! Please notify Chris Gerl at 413 568-3593 or cgerl@comcast.net of the number of new and/or returning guests. Member reservations for the dinner meeting are assumed and payment expected unless Chris is notified the Wednesday before the meeting.

President's Message

Dear Sister Zontians:

I hope everyone enjoyed their holidays. We were saddened to hear of the closing of Zinfadel's Restaurant at the end of 2007. We were able to get a new dinner location for January 14, and will discuss other options at the meeting.

Marge, Judy and I went to the Palmer Domestic Violence task force meeting last month. One of the things Madeline is doing, is making stuffed bears for people in domestic violence situations to hold on to. We were given a booklet to journal or make comments on where we think the task force should go and how to get there. We joined the ranks of this group and lent our support to Madeline Wheelers efforts.

I have met with Rosalie Dorland a

former member of QV now the President of Pikes Peaks Zontia Club. She wanted to know what we are doing about the problem of trafficking. She was telling me of the "fun"d raisers, that have been very successful in her club. I would love to share some of these with the Board and Finance committee as we are always looking for new ideas.

We have a new year to work on and improve the status of Women for our community, district and worldwide. Let's open our minds and be creative. It's time to try new things and improve on the old, so lets break the mold and knock the socks off everyone else. I know we are one of the most unique, little but resourceful clubs in the area.

Yours in Zonta's Service.
Christine Gerl



The Massachusetts Coalition Against Sexual Assault and Domestic Violence

Massachusetts White Ribbon Day 2008

A project of the Men's Initiative for Jane Doe Inc.



Massachusetts' White Ribbon Day Pledge:

From this day forward, I promise never to commit, condone or remain silent about violence against women, sexual assault and domestic violence.

Details on Page 5

Remembering Amelia Earhart—Zontian, Record-breaking Aviator, Women’s Rights Advocate— extraordinary achiever, uncompromising spirit



January 11th is Amelia Earhart Day.

*Earthbound, we watched, enthralled,
As unafraid you climbed the cloud-strewn sky;
Your flight a symbol of that great heart that dared apathy and prejudice defy.
"Own your soul!" your voice rings clear.
So gaily began your last long flight. Circling the globe, Electra's gallant crew
Through wind and fog, missed finding Howland light.
For us, AE you'll never die. The world, fleetingly, became less sad and drear
For the courage and concern we saw In your brief, joyous sojourn here.*

Muriel Morrissey, sister of Amelia Earhart and charter member of the Zonta Club of Medford, Massachusetts

Zonta Bog

Newsletter feedback
and content
suggestions are
encouraged.

Please send to

MFKNight@Crocker.com

Club Officers 2008

At the May meeting we voted on our slate of officers for 2007-2008. There was unanimous approval for the following to serve their 2nd year of this biennium:

President	Christine Gerl
Vice President	Mary Knight
Treasurer	Debra Allen
Secretary	Elizabeth Reeves
Directors	Julie Bowder Dr. Mary Ann Rubis

Committees/ Current Chairs

Archives	Marjorie Cavanaugh
Environment.....	Elizabeth Reeves
Golf Tournament...	Marjorie and Deb Wood
Membership.....	Mary Knight
Poinsettia Sales	Elizabeth Reeves
Program.....	Janet DaSilva
Public Relations.....	Debra Wood
Scholarship.....	Kristen Goold
Service	Joanne Turner-Chiacchia
United Nations	Betty Jane Bourdon
ZISVAW.....	Dorothy LaFratta, Mary Knight

The Paradoxical Commandments

by Dr. Kent M. Keith © Copyright 1968, renewed 2001

Thanks Judy for sharing this!

People are illogical, unreasonable, and self-centered. **Love them anyway.**
If you do good, people will accuse you of selfish ulterior motives. **Do good anyway.**
If you are successful, you will win false friends and true enemies. **Succeed anyway.**
The good you do today will be forgotten tomorrow. **Do good anyway.**
Honesty and frankness make you vulnerable. **Be honest and frank anyway.**
The biggest men and women with the biggest ideas can be shot down by the smallest men and women with the smallest minds. **Think big anyway.**
People favor underdogs but follow only top dogs. **Fight for a few underdogs anyway.**
What you spend years building may be destroyed overnight. **Build anyway.**
People really need help but may attack you if you do help them. **Help people anyway.**
Give the world the best you have and you'll get kicked in the teeth. **Give the world the best you have anyway.**

December Meeting Minutes

**Zinfandel's Restaurant
Palmer, Massachusetts
December 10, 2007
Business Meeting**

Members Present:

Deb Allen, BJ Bourdon, Carol Bardon, Julie Bowder, Ann Cormier, Mary Knight, Kris Gould, Chris Gerl, Diane Kidd, Marge Cavanaugh, Janet DeSilva, Dot LaFratta, Louise Larocque, Liz Reeves, Mary Ann Rubis, Joanne Turner-Chiacchia, Judy Van deGeer, Debbie Wood

Absent:

Kathy Hood

Guest: Nancy Kellner Ayers

6:00 pm

Welcome and Introductions and dinner

Minutes: A motion was made and seconded to accept the minutes as written.

Treasurer's Report: A verbal report was given and Deb will have a written report next month.

Committee Reports

Service: The club voted to give donations to food pantries in Ware, Palmer and Belchertown. A vote was also taken to give money to Christmas for Kids in both Ware and Palmer.
(See picture)

Poinsettia: The final dollar amount should be available by

the January meeting. We were given a few generous donations from club members that were unable to help sell poinsettias. Thanks everyone for your efforts.

UN Trip: No further information but BJ said possibly in March.

ZISVAW: The date for the Area Fall 2008 conference on Domestic Violence will be in Oct. A meeting was held by representatives from the Springfield, Northampton and Quaboag Valley clubs to start discussing what we want to do. The title of the conference will be, ' Violence through the Eyes of a Child ' The other clubs in the area will be contacted to see if they are interested in being involved. Any suggestions for the conference are welcome and the meetings are open to all club members.

Scholarship: The applications will be distributed to Schools in January.

Program: Kimberly Babin from....., will most likely be our speaker in January or she will send a representative.

Environmental: The Trustees of the Reservation have chosen a few 'work days' To be announced.



Marge Cavanaugh, Chris Gerl and Mary Ann Rubis presented a check from the club and dozens of children's toys donated by club members and guests to Randy and Amber Vaill (with son Julian) who represented the Christmas for Kids program sponsored by the Palmer Grange. They were most appreciative of our continued support.

Chris Gerl gave each member a bag of coffee beans from a Fair Trade coffee roaster in Westfield. We may be able to do a fundraiser with them.

Thank you Kris Gould for the delicious cake!

Program: Members shared the status of women in Iraq, Iran and Afghanistan.

Raffle Winners: Julie, Debbie, Judy, Carol, Dot and Janet.

Meeting Adjourned 7:50
Respectfully Submitted,
Liz Reeves

ZISVAW Committee Report

Next meeting: Thursday 1/17 at 6pm Location: BJ Bourdon's office
Lester Halpern & Company P.C. 14 Bobala Road Holyoke, MA 01040
Phone: 413-536-3970 BJBourdon@halperncpa.com

Proposed fall program/community event for 2008.

- **Working title:** Domestic Violence: Through the Eyes of a Child
- **Organizers:** Zonta Clubs of Western MA would coordinate and invite involvement from the local YWCAs, Mens Resource Group, Girl Scouts, Boys & Girls Clubs, and other interested organizations
- **Timing:** October 2008 - not to interfere with District I Fall Conference, Jewish Holy Days, Take Back the Night event or Halloween.
- **Location:** Site that would hold at least 100 people, have room for registration and booths, allow adequate free parking, allow food service, be a safe/secure environment, and be accessible easily from Mass Pike or Route 91.
- **Purpose:** Educate about the issue of Domestic Violence and raise awareness of its effect in the family, community and society - as seen through the perspective of children. Provide information on resources available and generate ideas for follow up.
- **Audience:** Indecision - need your help in thinking this out. Would it be:
(a) victims and families; or
(b) educators, counselors, advocates, employers, adults and students in leadership roles.
- **Program:** T.B.D. Ideas: Keynote address from a powerful local figure, such as Mayor Sarno of Springfield. Panel of experts such as: Brenda Lopez, Laura Koenigs, Jackson Katz, etc.
- **Budget:** Costs are unclear at this time, but could involve facility rental, food/refreshments, promotional materials (printing and mailing), at a minimum. We do have seed money from a conference held in 2005. Other income could include registration fee from attendees, booth fees from sponsors, and possible private donations.

Golf Committee Report

Members of the Golf Committee plan to meet with the owner of Mill Valley Golf Links before the next meeting to confirm plans for our June 14th, 2008 Annual Golf Tournament Fundraiser. We invite all members who have raffle items to donate to bring the details to the meeting. The advance sale of raffle tickets contributes significantly to at least a third of our profit so we welcome items with at least a \$50 or more value to list on our tickets. The sooner we know the items we are listing, the sooner we can begin the advance sale of tickets.

Debbie Wood
Golf Committee Co-Chair

Fundraising Poinsettia Committee

Final tally on poinsettias sold and profit from this fundraiser will be announced at the January Dinner meeting.

Liz Reeves

Environmental Committee

We would like to suggest a few dates that our members could have hands-on involvement.

1. January 26 - there will be a guided snow shoe walk on Peaked Mountain
2. February 22 - a Children's Winter Adventure is scheduled at the lower Peaked Mountain Property
3. April 26 - Clean up work day at Peaked Mountain - winter limbs to be cleared, trail to be reinforced, possible planting of new trees. All hands needed with pruning shears, gloves and strong backs. Coffee and snack runners are needed also (strong backs not needed).

We will have exact times and/or changes to dates as time draws closer - but wanted to let people know in order to plan their calendars.

Respectfully submitted: **Judy Van de Geer**

Photos Requested

In keeping with the Zonta 2008 Convention theme, Global Empowerment Through Local Action, the International Public Relations & Communications and Status of Women Service Committees invite all Zonta Clubs to submit photos of service and advocacy projects that focus on Zonta's mission of advancing the status of women.

Photos will be used in a special PowerPoint presentation, Local Service in Action, which will be shown at the Zonta 2008 Convention in Rotterdam. Clubs can submit a maximum of three photos to zontaintl.pr@gmail.com. The submission deadline is January 31, 2008.

Suggestions welcomed!

Call to Action—

Is there an interest in ZQV supporting this movement?



Jane Doe Inc. is launching the first annual statewide White Ribbon Day Campaign in Massachusetts on February 14, 2008. We specifically chose to launch the campaign on Valentine's Day to highlight the need to combine safety and respect with romance and love.

The following message was received recently from Craig Norberg-Bohm, Men's Initiative for Jane Doe Inc. Please review and let's discuss at the January dinner meeting.

"We are recruiting men as Ambassadors to the White Ribbon Day Pledge. We want men of some prominence, as measured by being known in their community, to agree to take the pledge and to recruit a number of their friends and colleagues to take the pledge and wear the ribbon with them on February 14th.

It will come as no surprise to you, that women are recruiting most of our Ambassadors. Our network is primarily a women's network and most know a few men in their circles who are supportive and willing help out when asked. This is that opportunity. Men who join and better yet, attend in Boston, White Ribbon Day, will discover a large community of men ready to step forward and do some good.

Our plans for White Ribbon Day are firm for a Governors Proclamation event at the State House in the morning. Anything that happens in communities will be the invention of that community. We will watch with great interest what local groups choose to do in connection with February 14th this year and hope to promote those that are most successful in the following year.

I have enclosed our Ambassador materials for your use. These materials and a registration form can be found on our website as well: www.janedoe.org/whiteribbonday. "

The Massachusetts White Ribbon Day pledge reads:

"From this day forward, I promise never to commit, condone or remain silent about violence against women, sexual assault and domestic violence"

The pledge consists of three promises:

NEVER TO COMMIT: Violent and abusive behaviors are learned – and they can be unlearned. This campaign is about individuals making a pledge not to be violent or abusive. It's also a commitment to promote healthy relationships and healthy communities where we do not have to fear violence or worry about our loved ones.

NEVER TO CONDONE: Violence is a choice and a strategy for gaining power and control. One tactic used by batterers and sex offenders is to blame the victim or otherwise dismiss their own responsibility. It's critical that we promote perpetrator accountability, challenge the myths and misconceptions about violence against women, sexual assault and domestic violence and never condone abuse.

NEVER TO REMAIN SILENT: Silence can be interpreted as approval. Silence makes a victim feel alone. The anti-violence movement has worked to break the silence about what were once considered private, family matters. It's critical that men speak out against violence against women, sexual assault and domestic violence. It's also critical that we honor the voices of all survivors.



Zonta Club of Quaboag Valley

PO Box 1034

Belchertown MA 01007

<http://www.zontaqv.org>

Tony & Penny's



Tony & Penny's Restaurant
18 Canterbury Street
Ludlow, Massachusetts 01056
www.tonyandpenny.com
413.583.6351

From Ludlow Exit of Mass Turnpike:

Turn Left on CENTER ST (RT-21) - go **0.3** mi
Bear Left on SEWALL ST - go **0.5** mi
Turn Left on HUBBARD ST - go **0.3** mi
Turn Left on EAST ST - go **0.3** mi
Turn Right on CANTERBURY ST

From Indian Orchard section of Springfield:

Go over the LUDLOW BRIDGE (RT-21) / **right lane**
(notice the ZONTA sign in front of you!!)
Turn Right off the bridge on EAST ST to a set of lights.
Continue through lights on EAST ST—go **0.7** miles.
Turn right on CANTERBURY ST

Arrive at 18 CANTERBURY ST, LUDLOW, on the Right

Call to Convention



For information on the International Convention in Rotterdam—June 27 to July 2, 2008—visit the convention website at:

www.zonta2008.com